

Reiki Healing Center Newsletter June 2020

Myra Reichel 610-348-5698

myra@reikihealingcenter.org

www.reikihealingcenter.org



Illustration 1: Seashells & DNA by Nataki Bhatti

Free Online Healing

Support for “I Can’t Breathe” Protesters and Healing for all those who need support due to the recent tragedies and history of horrible deaths in the Black Community and higher number of deaths due to the pandemic. Sent to all of us who are stressed and worried.

Dates: Tuesday, June 9th, Wednesday, June 17th, Thursday, June 25th

Time: 7-7:30pm EDT – Philadelphia/New York City time.

A timeline of the healing meditation will be posted on our [Reiki Healing Center Facebook Page](#) during the healing.

If you would like to participate over ZOOM please send your email address to myra@reikihealingcenter.org morning of each event and a link will be sent to your email.

To Receive the Healing: please call or text 610-348-5698 with your name and intention/focus for you healing or send by email to myra@reikihealingcenter.org or post in the comments on either of the Facebook pages.

To Assist with the Healing: do your daily healing practice and then join us in sending to those who are open to receive.

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Remote Community Reiki

Given the current quarantine we have not been holding Community Reiki in person so you are welcome to call and request Distance Reiki on:

Dates: 2nd Saturdays June 13th and July 11th 2-3:30pm. 4th Mondays June 22 and July 27th 2-3:30pm. Call Myra 610-348-5698 for appointment.

Pay on www.paypal.com to myra@reikihealingcenter.org \$5-20 donation.

People wanting Community Reiki will receive 15 minute Distance Reiki from **one of several** experienced practitioners remotely **by appointment**. **Let me** know by noon 2 days before if you want to participate. I will let you know your appointment time the morning of the event.

Remote Reiki Shares for Reiki Level 2 and higher practitioners

Given the current quarantine we have not been holding Reiki Shares in person so you are welcome to call and request to share Distance Reiki on:

2nd Saturdays June 13th and July 11th 1-2PM: Call Myra 610-348-5698 by appointment. Deadline Call to schedule an appointment by 6pm of the day before. Remote multiple tables.

3rd Thursdays June 18th and July 16th starting at 12:30pm: Joan will offer Distance Reiki at the 3rd Thursday Reiki Share and Community Reiki June 18 between 12:30 and 2:30. Practitioners who have Level 2 or higher will send and receive Distance Reiki from other practitioners, as in a Reiki Share. People wanting Community Reiki will receive Distance Reiki from experienced practitioners. We will set up virtual “tables” as needed and schedule 15-minute sessions per person. Experienced practitioners will spend up to 1 hour total giving sessions and receiving a session. You don't have to spend the entire 2 hours.

Contact Joan by Wednesday, June 17 by 6 pm if you want to participate and give your available time between 12:30 and 2:30 Thursday. Joan will set up the tentative schedule and send it by Thursday June 18 around 9 am to all those who responded. If there are adjustments to the schedule, she will send the final schedule by 11:00 am Thursday, so be sure to check your email at that time. Email Joan at Reikijoan@live.com

Potential ZOOM Reiki Share:

Please let us know if this is an adventure you would like to try or if you would just like to meet over ZOOM socially to see each other. Email myra@reikihealingcenter.org

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PRIVATE SESSIONS

Remote sessions are by appointment at a chosen time(s) either over the phone or during a per-arranged selected date/time(s). In-person sessions will resume when possible.

Myra Reichel

Distance Reiki or First Phase Absent Magnified Healing®: Relaxation and Healing for Body, Mind, Emotion, and Spirit Pay \$25 per 20 minute sessions, \$60 for three 20 minute sessions to myra@reikihealingcenter.org on www.paypal.com or request mailing address for checks.

Remote Karuna Reiki® for abuse issues/addictions/grounding issues/ preparation for tests/karmic healing **or Third Phase Absent Magnified Healing®:** For healing of body systems, points of healing, and areas of body needing healing. Choose 3 body systems, 3 points of body for special healing. \$50 per half-hour session pay to myra@reikihealingcenter.org on www.paypal.com or request mailing address for checks.

Discounts are available for those who are Veterans, Disabled, Chronically ill, low-income. Ask if you need assistance.

Myra offers online Reiki, Karuna Reiki(R), Ethics, Holistic Practice Business classes, Magnified Healing ® online review First Phase Review, and Advanced Studies Classes.

Linda Minton

Linda is in Delaware County, PA 215-605-7189 woofsing@yahoo.com Linda charges \$1/minute. She is available by appointment. Distance Reiki, Absent First Phase Magnified Healing®, and/or Card Readings.

Alina Tudos

Alina can be reached at alinatudos@gmail.com: Ph: 484-942-0558. I am a level 2 Reiki certified human who would like to offer distant reiki healing for \$1/minute. I have a passion for nature and all things healing. I also have a degree in health promotion. I live with my husband and two cats in Claymont, Delaware. May you be healthy and loved!

Eloise Prescott, L.Ac.

As a valued member of our Essence of Acupuncture patient community, we appreciate your trust and want to inform you about how we are addressing the corona virus (COVID-19) and putting your health first. Our highest priority is to keep you safe and well. We have all of the safety guidelines in place.

The world was turned upside down a few months ago, as we all became aware of a global pandemic caused by the Corona virus. Due to the impact of Covid-19, [Essence of Acupuncture](#) had to temporarily suspend its acupuncture business.

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The recent protests against racial injustice and inequality across our country and throughout the world have caused all of us to look at our lives and the lives of others differently. As a species, we are evolving. Acupuncture can support us during this time of change. Through acupuncture, we can release old patterns that weaken our immune system, willpower, vitality and motivation.

Our office will have a virtual “Grand Opening” on July 6 at 6pm, featuring Doc Gibbs, Master Percussionist, who will be facilitating a “Sound Bath Healing,” Suite 201, in Philadelphia.

We are deeply committed to helping our community to navigate through this time as many of us may be experiencing more fear, uncertainty, stress, anxiety, and worry. All of these things have an additional, adverse effect on the health of our mind, body, and spirit. Please go to essenceofacupuncture.janeapp.com to schedule an appointment.

Our office is following federal and state safety guidelines for disinfection and infection control. Office Hours - Friday 9-6pm and Saturday 1 – 6pm Masks must be worn, hand washing is mandatory.

One hour Acupuncture Treatment \$90

One hour Acupuncture Treatment (for Post Traumatic Stress Disorder) – Using auricular therapy along with acupuncture, we will use protocols to specifically help our clients adapt to the recent changes in our lives. 10 weeks of treatments that help to keep the body in homeostasis, building immunity, balancing hormones and brain activity, helping to alleviate pain, fear, anxiety, excessive sensitivity, and negative pessimistic thinking due to the recent changes in our lives. Our goal is to help our clients to help move with joy to a viable future - \$40 each week or \$300 if paid in advance.

One hour Reiki Treatment \$75

Reiki Classes – using physical distancing when possible

Reiki I Shoden – \$300 - classes held at Hidden River (call to sign up for class)

Reiki II Okuden - \$500 classes held at Hidden River (call to sign up for class)

essenceofacupuncture@gmail.com. Ph: 267-240-5109.

Khadijah Renee, CFT MSW

Khadijah “Renee” is a Reiki Master Teacher in Philadelphia who offers clients private Reiki sessions by appointment. She teaches Usui Reiki Ryoho Shoden, Okuden, and Shinpiden (Reiki I, II, III). Khadijah offers ‘Relax with Reiki’ Classes and holds private shares in the final weekend of every month. Additionally, she teaches workshops in Magnified Healing® 1st and 3rd Phase, as well as the Celebration Ceremony. Khadijah is a certified medium and she uses her psychic powers to enhance the Reiki session with connections to the ancestral and angelic realms.

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In addition, Khadijah is a certified Couples and Family therapist, utilizing traditional therapies such as CBT, EFT, SFT. Individual and couples therapy can be made by appointment by calling: 215-515-9510 or completing a contact form on: www.morgantherapeuticservices.com.

ReneeQueen1954@gmail.com

Nataki Bhatti

Nataki is based in the NEPA (Northeastern Pennsylvania) region. She offers sessions in Usui Reiki, Karuna Reiki®, 1st and 3rd Phase Magnified Healing. Remote or distant healing also available. She teaches Usui Reiki Ryoho Shoden and Okuden (Reiki I and II). Additionally, she teaches workshops in Magnified Healing® 1st and 3rd Phase, as well as Celebration Ceremony. Small class size and individual classes available by appointment. For more information go to www.reikibynataki.com or call 570 991 8733 to schedule your class or appointment.



*Online Sound Therapy
with
Baba Doc Gibbs*

*Reconnect
Mind, Body & Spirit
Meditation
Relaxation
Relieve Stress
Yoga*

*Interested
Contact:
Email: Drumupbiz@gmail.com
Instagram: [Drdrum4ever](https://www.instagram.com/Drdrum4ever)
FB Messenger*

Baba Doc Gibbs

Online Sound Therapy with Baba Doc Gibbs.
Reconnect Mind, Body & Spirit. Relieve stress.

Contact: Drumupbiz@gmail.com.

Group Pricing up to 11 people \$50 each.
Individual \$75/hour.

Doc Gibbs is planning to do an online virtual Sound Bath healing event on July 6 for the virtual grand opening of Eloise Prescott's office in Philadelphia.

Several of us Reiki practitioners can also do an event with Doc Gibbs. Let's plan it.

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Guided Meditation for Protection, Health, Restoration & Strengthening

This FREE meditation will be held on ZOOM at 7PM on Monday, June 29th.

Please preregister with your email address so we can send you invite email and password. Be aware that no one will be permitted to enter once the meditation starts.

Email us to be put on list for future meditations. myra@reikihealingcenter.org

We all have auras around us. One is the aura of becoming. In discussion with our brothers and sisters in the spirit we agree that is possible to send protection and healing via this aura.

Understand that we are made up of atoms in motion. As they move through us, they take up the job of being us from the atoms which are leaving. How they do that just depends on the pattern they are given to follow. Without intervention, an incoming atom will reproduce the pattern of a hurt foot because that is what the atom before it did, unless it is given a better plan to follow.

So, embed protection in the aura of becoming by envisioning exclusion of that which does not fit the well-being of the person. Embed a template of the person from the time that he/she was in good health, so that will be the positive pattern incoming atoms will follow.

Led by Kwan Yin, Dolores & Myra

In-Person, Online/In-Person, & Online Classes Taught by Myra Reichel by appointment

During this time we are quarantined is a perfect time to study Ethics, how to open a Holistic Practice, take a 2 hour Introduction to Reiki, or start taking Reiki I. Classes all can be taken by anyone interested. You can review levels of Reiki or Karuna Reiki® or Magnified Healing®; if you have already taken Reiki 1 classes or higher you can review your current level or move forward with our next level Reiki or Karuna Reiki® class. I am currently offering all my classes both on-line and part online, and in person again as soon as we can. We will perform in-person attunements by appointment or if possible on August 14th and 15th on the birthday of Usui, the Founder of Reiki. I am offering a Magnified Healing® Online Review and Advanced Studies Class for those who have already completed First Phase of Magnified Healing®.

ALL CLASSES IN ALL LISTS ARE AVAILABLE TO ALL STUDENTS.

Introduction to Reiki – 2 hour class

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Continuing Education for Nurses and Massage Therapists

The 3 classes listed below offer **Continuing Nursing Education** approved by the American Holistic Nurses Association for both online classes in addition to in-person classes.

Reiki I Shoden 10 CNE
Reiki II Okuden 10 CNE
Shinpiden Reiki Master 22 CNE

The classes listed below offer **Continuing Education** approved by the **National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)** for both Distance Learning/Webinar online and Live in-person Continuing Education:

Reiki I Shoden 12CE (no prerequisite)
Reiki I Shoden Secondary Course Part 1-6CE,
Reiki I Shoden Secondary Course Part 2-6CE, (Prerequisite Reiki 1 Shoden Secondary Course Part I)

Karuna Reiki® 1-8CE (prerequisite Reiki Master),
Karuna Reiki (R) 1 First Half 4CE 4 hours
Karuna Reiki (R) 1 Part 2 4CE 4hours (Prerequisite Karuna Reiki (R) 1 First Half)
Karuna Reiki (R) 1 Part 3 (2CE) 2 hours (Prerequisite Karuna Reiki (R) 1 First Half)
Karuna Reiki (R) 1 Part 4 (2CE) 2 hours (Prerequisite Karuna Reiki (R) 1 First Half)

Karuna Reiki ® 2 Hands-on-8CE (Prerequisite Karuna Reiki (R) 1)

Holistic Practitioner 12 CE,
Holistic Practitioner Chapters 2 CE,
Holistic Practitioner Conversations 4 CE,
Holistic Practitioner Secondary Course 6 CE.

Ethics Fire Drill for Practitioners 2 CE,
Ethics Fire Drill for Practitioners 4 CE,
Ethics of Dealing with Sexuality Issues for Hands-on and Hands-off Practitioners 4CE,
Ethics Applied Through Supervision 2 CE,
Ethics Applied to Career and Livelihood 2 CE,
Ethics Applied: Cases of Trauma 2 CE,
Ethics Applied Dynamics of Communication 2 CE,
Ethics Applied: Effective Communication 2CE,
Ethics Applied: Ethical Practice Management 2CE,
Ethics Applied: Management 2 CE, Ethics Applied: Money 2CE,
Ethics Applied: Trauma 2CE.

HOLISTIC PRACTITIONER Classes use Business Mastery 3 by Cherie Sohnen-Moe.

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ETHICS Classes use the Ethics of Touch by Ben Benjamin & Cherie Sohnen-Moe.

OTHER CLASSES ONLINE OR PART ONLINE AND PART IN PERSON OPEN TO ALL. Classes below do not currently have approval for CE for Massage Therapists and Bodyworkers.

Introduction to Reiki

Reiki II Okuden

Reiki Master Practitioner

Shinpiden Reiki Master

Karuna Reiki Master®

I AM OFFICIALLY CERTIFIED TO TEACH MAGNIFIED HEALING® ONLINE 1ST PHASE REVIEW AND ADVANCED STUDIES CLASSES.

Magnified Healing® Online 1st Phase Review and Advanced Studies Class for those who have already completed their First Phase Magnified Healing® Workshop.

Contact Myra Reichel 610-348-5698 for more information.

This workshop is for everyone who has completed their First Phase Magnified Healing® workshop for at least two months and have done their practice assiduously. This incredible opportunity to review the practice of the 1st phase will explore the Sacred and profound teachings on the Geometry of the 1st phase, the Sacred names as well as the Five Higher Bodies. Those who have taught Magnified Healing® to others can apply to teach this class to others.

Please register as soon as possible. E-mail me at myra@reikihealingcenter.org to receive the Registration Form.

Maximum 5 students per class.

June 15th, 16th, 17th, & 18th from 3-5:30PM

June 29th, 30th, & July 1st from 3-6:30PM

Other dates and times are available starting July 2020 schedule your class now.

MAGNIFIED HEALING WORKSHOPS ARE TAUGHT ONLY IN PERSON WITH NO CE or CNE with MYRA REICHEL

First Phase Magnified Healing®

Celebration Ceremony Workshop

Third Phase Magnified Healing ‘Light Worker’

Facilitates Celebration Ceremonies.

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Call Myra Reichel 610-348-5698 to schedule your class. Pay \$50 for Introduction to Reiki or per 2 hour segment of Ethics. Pay \$100 deposit toward class for classes lasting longer than 2 hours. Pay to myra@reikihealingcenter.org on www.paypal.com or call for address to send check.

REIKI AND KARUNA REIKI® CLASS DESCRIPTIONS

Higher level Reiki and Karuna Reiki ® in person and online classes are the process of being approved and new information regarding recently approved online Reiki classes are in the process of being added to the website at this time. Updated information for some classes is listed below.

Introduction to Reiki

New to Reiki: come to Introduction to Reiki \$50 for 2 hour class Learn History and Meaning, Reiki Ethics

Reiki I Shoden Secondary Course Part 1

Continue to take the additional 4 hours of Reiki I Shoden Secondary Course Part 1 receive a reiju blessing to introduce yourself to this spiritually guided life force meditation for additional \$50 you can learn to do the accompanying meditations for yourself.

Reiki I Shoden Secondary Course Part 2

Add 6 hours and you can learn to actually do Reiki for yourself and others. If you already have a Reiki 1 Certificate you can take the Reiki I Shoden Secondary Course Part 1 or Part 2 to learn the Japanese Reiki Techniques and Meditations 6 hours \$100. In-Person Reiki Attunements by appointment \$50 or if possible on Usui, Founder of Reiki Birthday August 14 and 15 free for my online and in-person students.

Reiki I Shoden (formerly Shoden Reiki I)

Full 12 hour Reiki I Shoden includes: Learn to do Reiki meditations, hand positions, self-care, and helping others using Reiki. Students will learn Japanese Reiki Techniques, hand positions for self and for others, history and meaning of Reiki and receive reiju in first half of class. Receive reiju and Attunements; learn 3 Diamonds Qi Gong and other Japanese Reiki Techniques in second half of class. Full class with in Person attunement is \$250. 12 hours when possible in-person is \$350 includes 12 CE for Nurses or 10 CNE Massage Therapists or Bodyworkers for either online or in-person classes.

Reiki I Shoden offers 10 CNE for the 12 hours of class for Nurses. Reiki I Shoden offers 12 CE and Secondary Classes offer 6CNE per 6 hours of classes for Massage Therapists and Bodyworkers for online in addition to in-person classes. Already have your Reiki 1 Certificate: Join us in half of class 6 CE* or full class 12 CE* to learn the Japanese Reiki Techniques and includes 6 CE*.

Next Introduction to Reiki or the 6 or the 12 hour online classes over ZOOM start:

June 11th from 3-5PM on Thursdays or

June 9th from 3-5PM on both Tuesdays and Thursdays.

Your class can also be scheduled by appointment

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Online Reiki I Shoden class fee will be \$200 for 12 hours or \$100 per 6 hours of class.

Online Reiki I Shoden Secondary Course is \$100 for 6 hours.

Online Introduction to Reiki is \$50 for 2 hours.

Half online and half in person Reiki I Shoden class is 12 hours of classes \$100 per first half 6 hours of class online. Second half of class can when permitted be in-person 6 hours \$200

In-person Reiki I Shoden** or * class (when quarantine lifted) is 12 hours \$350.

In-person Reiki I Shoden Secondary Course (when quarantine lifted) is 6 hours \$200 includes 6CE* for Part 1 or Part 2. See Continuing Education information.

Online Attunements are not the preferred practice so we will schedule an hour class in-person for attunements once the quarantine is lifted. Annually we perform reiju and re-attunements on August 14th which is the Founder of Reiki, Usui's Birthday.

Additional discounts are available for online classes during the pandemic for low-income, chronically ill, Veterans, or others who are financially challenged at this time so do not let lack of funds keep you from taking the class during this time while you have time to do the classes.

Contact Myra 610-348-5698 to schedule to take this class or classes on other dates and/or times.

Pay \$100 deposit to myra@reikihealingcenter.org on www.paypal.com

Online/In-person Reiki II Okuden

Learn 2 Reiki II Okuden symbols in the first online class. Learn the 3rd Reiki II Symbol during the second online class and receive in-person attunements when possible or if possible on Usui Birthday August 14-15. Approval has been obtained for 10 CNE Continuing Nurses Education for Reiki II Okuden Classes both in-person and online from the AHNA. \$400 online \$500 in person including in-person attunements

Online /In person Reiki Master Practitioner

First six hours re-explore more deeply the information from the Reiki II Okuden class including symbols, jumon, chanting no attunement in this level includes Reiju Blessing and demonstration of hands on healing. In the Second six hour class learn the Reiki Master Symbol along with its chants and jumon and a special Reiki Masters Healing Practice. Receive in-person attunements when possible or if possible on Usui Birthday August 14-15. \$400 online \$500 in person including in-person attunements

Online/In-person Reiki Master Shinpiden

Learn to perform reiju and attunements and deepen your Reiki Practice by understanding more about the entire process. 12 hours scheduled by appointment. Students will participate performing in-person reiju and attunements when possible or if possible on Usui Birthday August 14-15. \$400 online \$500 in person including in-person attunements

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ADDITIONAL INFORMATION

Reiki II Okuden, Reiki Master Practitioner and Reiki Master Shinpiden

In all 3 of these 12 hour higher level online classes Reiki Symbols including history, drawing, chants and jumon will be taught online in 2 or 3 hour segments for \$200 per 6 hours of class with total of \$400 for the 12 total on-line hours. Each level beyond Reiki 1 requires the previous level. The classes will be taught online over Zoom or other computer program. Reiju/attunements will be offered during classes and then Attunements will be renewed in person in a 1 hour in-person class held by appointment once the quarantine is lifted or if possible on Usui Birthday, August 14 -15. In person classes will be offered again once quarantine is lifted, In-person class is \$500 for 12 hours of class.

Please contact Myra 610-348-5698 to schedule your online class. **Pay \$100 deposit to myra@reikihealingcenter.org on www.paypal.com**

Shinpiden Reiki Master**

In this 24 hour higher level class students learn the information, history, use, drawing, chants and jumon and how to perform reiju and attunements so that student can teach their own students to do Reiki. Online classes will be taught in 2 or 3 hour segments or longer for \$200 per 6 hours of class for a total of \$800. The prerequisite for this class is Reiki 2 any lineage. Reiju and Attunements will be offered over ZOOM and renewed after the quarantine is lifted in a 1 hour in-person class by appointment or when possible on Usui Birthday August 14-15. 22 CNE is available for in-person and approval has been obtained for online classes from AHNA 24 hour class for \$1000. Please contact Myra 610-348-5698 to schedule your online class.

Pay \$100 deposit to myra@reikihealingcenter.org on www.paypal.com

Karuna Reiki®

Karuna Reiki ® classes will be taught online with Reiju and Attunements offered online with in-person attunement by appointment once the quarantine is lifted or on Usui Birthday August 14-15. In-person Karuna Reiki® classes will be offered in-person by appointment once the quarantine is lifted.

Karuna Reiki® 1 for 8CE

Karuna Reiki® requires that you have had and have used your Reiki Master Symbol for at least 6 months practice. Learn 4 Karuna Reiki® Symbols and the chanting and toning that goes along with them. Cost is \$300 online includes re-attunement in person on August 14-15 or by appointment or \$450 in person class. Continuing education number of CE for Massage Therapists and Bodyworkers is listed after class titles.

Karuna Reiki® 1 First Half for 4CE

Karuna Reiki® requires that you have had and have used your Reiki Master Symbol for at least 6 months practice. Learn 4 Karuna Reiki® Symbols and the chanting and toning that goes with

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them. No International Center for Reiki Training if you only do first half of class. Cost is \$200 online or \$300 in person.

Karuna Reiki® 1 Part 2 for 4CE

Prerequisites Karuna Reiki® 1 First Half or Karuna Reiki® 1 Certificate or higher level Karuna Reiki® Certificate. Learn or go more deeply into the first 4 Karuna Reiki® symbols and chants by chanting during hands-on demonstration and practice of Karuna Reiki®. Cost is \$150 online or \$150 in person.

Karuna Reiki® 2 (Karuna Reiki® 2 Hands-ON for 8CE),

Prerequisite is Karuna Reiki® 1 or higher level Karuna Reiki® Certificate. Learn to go more deeply into the first 4 Karuna Reiki® and learn additional 4 Karuna Reiki® symbols and chants by chanting during hands-on demonstration and practice of Karuna Reiki®. Cost is \$300 online or \$450 in person.

Karuna Reiki® Master

Karuna Reiki® requires that you have had and have used your Reiki Master Symbol for at least 6 months practice. Prerequisite is Karuna Reiki® 2 or Karuna Reiki® Master Certificate for the full Karuna Reiki® Master requires that you have taught at least one student to do Reiki any lineage. Learn to go more deeply into the 8 Karuna Reiki® symbols, toning, and chants by chanting during hands-on demonstration and practice of Karuna Reiki®. Learn to attune others to Karuna Reiki® \$300 online or \$450 in person.

Contact Myra Reichel 610-348-5698 to schedule your online class. **Pay \$100 deposit to myra@reikihealingcenter.org on www.paypal.com. Balance due first day of class.**

Visit our website – www.reikihealingcenter.org

Visit us on Facebook – <https://www.facebook.com/reikihealingcenter/>

Reiki Healing Center, Media, PA group page <https://www.facebook.com/groups/21961169505>