

## Reiki Healing Center Newsletter July to September 2019

Reiki Healing Center at Good Karma Yoga and Barre,  
55 State Road, 2<sup>nd</sup> Floor, Media, PA 19063

Ph: 610-348-5698 [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) [www.reikihealingcenter.org](http://www.reikihealingcenter.org)

<https://www.facebook.com/reikihealingcenter/>

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The Reiki Sound Bath on Saturday, June 22<sup>nd</sup> was much appreciated by everyone and we are hoping to have another Reiki Sound Bath in the future.

See the Events page on our website for information about upcoming events  
<https://www.reikihealingcenter.org/events.htm>

## Magnified Healing® Celebration Ceremony

DATES FOR CELEBRATION - OPEN TO THE PUBLIC - COME EXPERIENCE

3-5PM Sunday, August 18<sup>th</sup> Celebration Ceremony

Heartspace at Seven Stones 125 West Baker Street, Media, PA 19063

Love offering/Donations appreciated.

3-5 PM Sunday, October 20<sup>th</sup> Celebration Ceremony — donations accepted.

Held at Hidden River in Philadelphia, PA 19063 class Myra Reichel 610-348-5698 to RSVP.

Open to everyone both those who practice Magnified Healing® and the general public are welcome to participate in the empowerment meditation, receive a healing from a line of Magnified Healing® Practitioners during this standing, spoken meditation, send healing with us to Mother Earth who so needs our help at this time, and send remote healing to yourself, your family, and your friends as part of the Ceremony. We are the Celebration. Magnified Healing® Practitioners please let us know if you would also like to be part of the line of healers during the ceremony.

**Magnified Healing®** was brought to us through Rev. Gisèle King and Rev. Kathryn Anderson by Lady Master Kwan Yin in order to assist us with our healing at this time.

### **Magnified Healing® Workshops scheduled or by appointment**

**Magnified Healing® review**, By appointment with Myra Reichel 610-348-5698 in Media, PA or Dawn Mazzone 610-636-0279 in West Chester – Bring or color photo your certificate or bring your workbook if we have not taught or worked with you in past. Handouts of sacred names and instructions for making updated Magnified Healing® essence included. Bring a bottle of Lavender oil to class. There will be a small fee. No workbook given. Or contact Magnified Healing® office in Florida and they will send out information if you have your information on file.

**Magnified Healing® Phase 1 Workshop**, By appointment or join class scheduled for August 16 and 17

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workshop is 16 hours 2 days back to back if you need shorter hours per day schedule by appointment other dates. Workbooks and other materials included, call for details, 610-348-5698. Held at Good Karma Yoga and Barre.

**Magnified Healing® Phase 3 Workshop.** By appointment or join scheduled class on Monday, August 19 and Tuesday, August 20 - workshop is 16 hours 2 days back to back if you need shorter hours per day schedule by appointment other dates. Workbooks and other materials included, call for details, 610-348-5698. Held at Good Karma Yoga and Barre. Fee is \$450 for 2 day workshop. Phase 1 prerequisite.

**Magnified Healing® Phase 3 "Light Worker" Workshop.** By appointment or join scheduled class on Friday, August 16 and Saturday, August 17 - workshop is 16 hours 2 days back to back if you need shorter hours per day schedule by appointment other dates. Workbooks and other materials included, call for details, 610-348-5698. Held at Good Karma Yoga and Barre. Two day workshop is \$450. Phase 1 prerequisite.

**Celebration Workshop** Phase 1 prerequisite (Phase 2 not required before taking Phase 3) Sunday, August 18<sup>th</sup> from 9AM to 6PM for those Magnified Healing® Phase 1 Practitioners who would like to learn more about the ceremony or in order to facilitate Celebrations with help from the other practitioners or to prepare to take Phase 3 Teacher Training we will be offering a Celebration Workshop for \$111 that will be all day and includes participation in the 3-5PM Ceremony, Manual, Certificate, and permission to teach this workshop and to facilitate ceremonies on your own that you will invite other Magnified Healing® Practitioners to assist you. Workshop and Ceremony both in Media, PA.

**Celebration Workshop** – Sunday, October 20, 2019 Workshop and Ceremony both held at Hidden River, Manayunk Section of Philadelphia, PA. \$111 includes Workbook, certificate, and permission to hold Celebration Ceremonies. By appointment pick well in advance since a location to offer the Celebration needs to be secured in advance call Myra 610-348-5698

**Magnified Healing® Phase 3 Teacher Training Workshop,** 8 hours for 4 days. Wednesday through Saturday October 16-19 with Jan Pemberton held at Hidden River in Manayunk Section of Philadelphia, PA. You must have completed your Phase 3 Workshop at least 6 months prior to TT workshop and you will need to have already taught a Phase 1 Workshop and either have completed Celebration Workshop and have your certificate or will receive your TT Certificate after completing Celebration Workshop on Sunday, October 20, 2019. Workbooks and other materials included, call for details, 610-348-5698.

Register by July 26.

See Registration forms and more information on the Magnified Healing® section of our website.

[https://www.reikihealingcenter.org/myras\\_classes\\_magnifiedhealing.htm](https://www.reikihealingcenter.org/myras_classes_magnifiedhealing.htm)

### FREE COMMUNITY REIKI MINI SESSIONS

Fourth Mondays June 24<sup>th</sup>, July 22<sup>nd</sup>, August 19<sup>th</sup> COMMUNITY REIKI held from 1 to 3pm (RSVP or walk-in arrive at 2PM) at the MEDIA FELLOWSHIP HOUSE, 302 South Jackson St. Media, PA 19063. Location is handicapped accessible. At 2:30PM the handicapped parking opens up to all. Call Myra Reichel 610-348-5698 for information

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Sessions for people with special needs can be scheduled at Media Fellowship House 302 South Jackson Street, Media, PA 19063 after 3pm or at the Vitamin Shoppe at 1058 Baltimore Pike, Springfield, PA 19064. Locations are both handicapped accessible. Call Myra 610-348-5698 for appointment.

### **COMMUNITY REIKI or REIKI SHARE \$5-20 Donation**

Second Saturdays, COMMUNITY REIKI and REIKI SHARE –Mini-Reiki Sessions for a donation, July 13, August 10, and September 14 from 1 to 3pm. RSVP Myra: 610-348-5698. Held at GOOD KARMA YOGA AND BARRE, 55 State Rd. 2nd floor, Media, PA 19063, All are welcome. Park in either rear lot on Overhill Road, enter door on State Rd. Dress comfortably. Sessions will be on a massage table or a reclining chair. RSVPs are appreciated

### **COMMUNITY REIKI/REIKI SHARES \$10-20 FEE & PRIVATE SESSIONS FEE JOAN**

Third Thursdays: Daytime Reiki Share and Community Reiki at Heart Space 205 West Baker Street, Media, PA 19063. 12:30 to 2:30 pm, led by Joan Nikelsky. NOTE: This event was on the first Thursday and has been moved to the third Thursday. June 20, July 18, August 15. The fee is on a sliding scale of \$10-20, payable at the site (call for special rate for unemployed). Please bring a check or exact change. Dress comfortably. Sessions will be on a massage table or a reclining chair. RSVPs are appreciated. Contact Joan Nikelsky at [ReikiJoan@live.com](mailto:ReikiJoan@live.com) or 215-498-5346.

Contact Joan Nikelsky at [ReikiJoan@live.com](mailto:ReikiJoan@live.com) or 215-498-5346. Private Reiki and/or chakra balancing sessions of one-half hour or one hour can also be arranged before or after the Reiki Share or at other dates/times by appointment. Contact Joan for sliding scale information and available times.

### **MONTHLY REIKI SHARES IN PHILADELPHIA**

If you are a Reiki graduate, certified in any level, you are cordially invited to attend our monthly Reiki shares. These magical evenings will connect you to a bigger spiritual community that will support your Reiki practice and nourish your growth.

We start promptly at 7PM. Time on the table is equally split between the participants.

When: The next upcoming shares will be on on July 10 from 7PM to 9PM. Doors open at 6:45

Where: Djunaverse Center for Healing Arts 511 Fairmount Ave, Philadelphia, PA 19123. Bottom Bell.

Cost: \$10.

Register: Space is limited, so please call me at 215-627-6710 or email me at [Djuna@djunaverse.com](mailto:Djuna@djunaverse.com) to reserve your space.

### **PRIVATE SESSIONS JOAN NIKELSKY**

Private Reiki and/or chakra balancing sessions of one-half hour or one hour can also be arranged before or after the Reiki Share or at other dates/times by appointment. Contact Joan 215-498-5346 for sliding scale information and available times. Contact Joan Nikelsky at [ReikiJoan@live.com](mailto:ReikiJoan@live.com) or 215-498-5346.

## **PRIVATE SESSIONS LINDA MINTON**

Call 610-237-0458 (NO texts) or contact Linda Minton at [woofsing@yahoo.com](mailto:woofsing@yahoo.com) for Reiki, First Phase Magnified Healing® Sessions or 2 day Workshop or Card Readings. By appointment or check locations where she offers card readings on a regular basis.

## **PRIVATE SESSIONS & CLASSES**

Myra Reichel, Reiki/ Karuna Reiki ®/ Magnified Healing® Phase 1 and/or Phase 3 Sessions and Classes, plus Gurdjieff Meetings, call 610-348-5698 or email [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org). Sessions by appointment: Low-income, veterans, disabled call for info on discounts. Reiki: Half hour session is \$50 (4 sessions paid in advance is \$180), full hour session is \$80 (4 sessions paid in advance is \$280), and an hour a half session is \$115 (3 sessions paid in advance is \$300). Karuna Reiki®: \$100 for hour session. Magnified Healing® Phase 1 or Phase 3: \$50 per half hour. Phase 1 and Phase 3 in person or remotely recommended that you include during hour session: \$100. Three 20- minute Distance/Remote Healing sessions are \$60. Both sessions and classes are held by appointment at Good Karma Yoga and Barre or for an additional fee at your location.

## **Classes & Workshops All Levels on scheduled dates or by appointment**

Classes offered are 12 hour Reiki I Shoden, Reiki II Okuden, Reiki Master Practitioner, Reiki Master Shinpiden, Holistic Practitioner, Ethics, plus 16 hour Phase 1 Magnified Healing ®, Phase 3 'Light Worker', 8 hour Celebration Workshop (Phase 2 not required to take Phase 3 but is required for Phase 3 Teacher Training), 6 hour Ethics, Holistic Practitioner for start-up business, or Reiki Secondary Courses for learning Japanese Reiki Techniques or deeper exploration of Reiki levels already completed, 2 hour of Holistic Practitioner or Ethics or review of any level Reiki or Phase of Magnified Healing®. Call Myra 610-348-5698 or email [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) to schedule classes starting after August 18, 2018.

Most classes are scheduled by appointment and other students can be asked to join your class but most classes are with 1, 2 or up to 5 students. Bring your lunch or possibly schedule an hour or Mondays longer 2 hour lunch break. Students who already completed Reiki Master Shinpiden or Shinpiden Reiki Master can student teach classes with students already signed up for half of the stated price or sit in class for review.

### **THE FOLLOWING CLASSES HAVE NO PREREQUISITES**

Holistic Practitioner (business class) –June 25<sup>th</sup> 9AM-noon and 2:30-5:30PM and June 27<sup>th</sup> or another date - shorter versions are possible these dates or by appointment

Ethics - 2 hour segments up to 8 hours in one day by appointment

Reiki 1 Shoden – Sundays, July 14<sup>th</sup> and August 11<sup>th</sup> 1-7PM or by appointment

Reiki I Shoden Secondary Course August 11<sup>th</sup> 1-7PM – learn Japanese Reiki Techniques

Magnified Healing ® Phase 1 by appointment

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### **Each course requires previous level**

Reiki 2 Okuden – Fridays, July 12<sup>th</sup> 8:45-12:45 and 2-4PM and Saturday July 13<sup>th</sup> 11AM

Reiki 2 Okuden – Fridays, July 12<sup>th</sup> and August 9<sup>th</sup> 8:45-12:45 and 2-4PM

### **Following Class Reiki 2 any lineage is prerequisite**

Shinpiden Reiki Master Friday, August 9<sup>th</sup> and Saturday, August 10<sup>th</sup> and Monday, August 12<sup>th</sup> and Wednesday, August 14<sup>th</sup>.

Reiki Master Practitioner – Saturdays, July 13<sup>th</sup> and August 10<sup>th</sup> 8:30AM-2:30PM

### **Following Class Advanced Practice or Reiki Master Practitioner or Reiki 3 any lineage is prerequisite**

Karuna Reiki ® 1 – by appointment

Karuna Reiki® 2 – by appointment

### **Following Class Reiki Master Practitioner in this lineage is prerequisite**

Reiki Master Shinpiden -

Monday, August 12 and/or Wednesday, August 14<sup>th</sup> and 10AM-4PM

### **Following Class Reiki Master or Shinpiden any lineage is prerequisite**

Karuna Reiki ® Master by appointment

Call Myra 610-348-5698 or email [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org) to schedule classes

The beginning of each 3 hour Reiki Shoden, Reiki II Okuden, Reiki Master Practitioner (RMP), or Reiki Master Shinpiden (RMS) class, for a total of 12 each level, is learning techniques, usually followed by different types of meditation, followed by receiving a Mini-Reiki session.

Reiki 1 Shoden includes 4 attunements to be able to pull Reiki through your energy system. Reiki II Okuden includes 3 Reiki Symbols, Jumon, and Chants. RMP includes Master Symbol with its Jumon and Chant along with special Master healing techniques. In RMS you learn to attune yourself and other to Reiki and reiju a spiritual blessing performed by Usui, the founder of Reiki, and his students in Japan. Shinpiden Reiki Master is a combination of RMP and RMS classes so it is 24 hours. Each level includes appropriate workbook(s) and certificate. Karuna Reiki 1, 2, and Master are each 8 hour classes per level. You can also take any second half of each level you already have a certificate.

See website for prices and for longer descriptions of classes and workshops. \$100 deposit to save these dates for your class – schedule will change to free up dates for different classes in August if no one is signed up. Deposit of \$50 for classes under \$100 or \$100 deposit for classes over \$100 can be paid on [www.paypal.com](http://www.paypal.com) to [myra@reikihealingcenter.org](mailto:myra@reikihealingcenter.org)

Magnified Healing® Phase 1 and 3 are each 2 full 8 hour days, possibly longer if needed. During the 2 back to back days (or schedule shorter time over 3 days) we will read the entire manual which is part of the initiation experience and receive the formal initiation on the 2<sup>nd</sup> day. Celebration Workshop (Phase 2 not required unless you wish to continue on to learn Phase 3 Teacher Training) is one long day

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including learning directions for ceremony and participation in actual ceremony. Each Phase includes workbook and certificate. Phase 1 also includes CD/MP3 of daily practice but no longer includes essence. We can now empower lavender oil and you can bring a bottle of your choice to learn the empowerment procedure.

### CONTINUING EDUCATION

Continuing nursing education credits are available for nurses for Reiki I Shoden, Reiki II Okuden, and Shinpiden Reiki Master approved by the American Holistic Nurses Association (AHNA) - see approval letter on website – application will be made to continue receiving approval for classes beyond current approval dates which are valid even if your class continues beyond the approval date.

Continuing education units for massage therapists, and bodyworkers there are Reiki I Shoden, Reiki I Shoden Secondary Course, Karuna Reiki® 1, Karuna Reiki I Secondary Course, the entire Holistic Practitioner or 2, 4, or 6 hour sections of that 12 hour class and both in-person and over the internet for Ethics Classes in 2 hour segments for all of the *Ethics of Touch* by Ben Benjamin and Cherie Sohlen-Moe; go to [https://www.reikihealingcenter.org/continuing\\_ed\\_massage.htm](https://www.reikihealingcenter.org/continuing_ed_massage.htm)

Class Descriptions for Reiki, Karuna Reiki®, Holistic Practitioner, Ethics, and Magnified Healing® Workshops with Myra Reichel are listed below in Classes and Workshops with Myra Reichel and on the “Myra’s Classes” page of our website [https://www.reikihealingcenter.org/myras\\_classes.htm](https://www.reikihealingcenter.org/myras_classes.htm)

### HOLISTIC PRACTITIONER AND ITS SUB-COURSES approved by NCBTMB for CE

Applied Holistic Practitioner a and b or b and a (12 CEU) - two classes to learn the basics of setting up a holistic practice and receive for self-care and practice giving sessions to develop skills.

Course may be taken as two 6-hour classes in either order: class a then class b, or class b then class a, for \$300 per 12 hours of class. You can also take class a or class b as a Secondary Course (6CEU) for \$150 for 6 hours of class, or part of a class, or part of b class as Conversations (4CEU) for \$100 for 4 consecutive hours of an a or b class, or as Chapters (2CEU) \$50 for 2 consecutive hours of a or b class.

Please discuss your needs with teacher prior to class so appropriate topics are chosen. Any number of hours can be scheduled by appointment. Contact Myra Reichel 610-348-5698.