

Reiki Healing Center Newsletter July 2020

Myra Reichel 610-348-5698

myra@reikihealingcenter.org

www.reikihealingcenter.org



In-Person, Online/In-Person, & Online Classes taught by Myra Reichel by appointment (Note: some scheduled dates are listed with a few classes that have one or two students already)

Please register for class by emailing or calling Myra and choosing dates and times for your class. Your Link for Zoom or location in Media, PA or elsewhere for in-person classes will be given after prepayment of \$50 for 2 hour class or \$100 deposit for longer classes is received.

Below are listed dates for in person and for online classes but you may also take a combination of online and in person classes. Attunements are given online with opportunity to receive in-person attunements when possible or during our August 14-15th Usui Birthday Party.

Check our web page for information on [Continuing Education for Nurses](#) and for Massage Therapists and Bodyworkers. Discounts are offered for low income, for

veterans and those with health conditions.

Introduction to Reiki online over Zoom on Monday, July 6th from 6-8pm, or Tuesday July 7th from 7 to 9pm or Thursday 10am to noon, or by appointment. 2 hours \$50

Introduction to Reiki in-person on Sunday, July 12 from 9-11am \$50

Reiki I Shoden (introduction to Reiki included in class) in person on Sundays, July 12th, 26th, and August 9th and 23rd starting at 9 or 11am or by appointment 12 hours \$400. Space is limited

Reiki I Shoden is online over Zoom on Mondays or Tuesdays by appointment 12 hours \$250.

Reiki II Okuden/Reiki II Okuden Hands-on in person Saturdays, August 1st and 8th by appointment 12 hours \$500.

Reiki II Okuden/ Reiki II Okuden Hands-on online over Zoom Thursdays 16th and/or Fridays July 17th or both days or by appointment \$ 300

Reiki Master Practitioner in person on Saturdays, July 11th and August 8th or by appointment 12 hours \$500. Space is limited to a few students register early.

Reiki Master Shinpiden in person Saturdays, July 18 and 25 12 hours \$500 space is limited

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Shinpiden Reiki Master By appointment online or in-person 24 hours \$1000.

Karuna Reiki® 1/ Karuna Reiki ® Level I 8 hours in person or online or combination of classes by appointment \$300 online/\$400 in person.

Karuna Reiki ® 2/Karuna Reiki ® Level II Hands-on 8 hours in person or online by appointment \$300 online/ \$400 in person.

Karuna Reiki ® Master/Karuna Reiki ® Master Hands-on 8 hours in person or online by appointment \$300 online/\$400 in person.

Magnified Healing® in person only Saturday, August 29th and Sunday, August 30th 2 consecutive 8 hours days or 3 consecutive 5 hours days or by appointment. First Phase \$400 Third Phase \$550 . Space is limited to a few students please register early. There will be 2 teachers available so both levels can be taught.

Celebration Workshop by appointment – August

Myra Reichel is OFFICIALLY CERTIFIED TO TEACH MAGNIFIED HEALING® ONLINE 1ST PHASE REVIEW AND ADVANCED STUDIES CLASSES.

Magnified Healing® Online 1st Phase Review and Advanced Studies Class for those who have already completed their First Phase Magnified Healing® Workshop.

Contact Myra Reichel 610-348-5698 for more information.

This workshop is for everyone who has completed their First Phase Magnified Healing® workshop for at least two months and have done their practice assiduously. This incredible opportunity to review the practice of the 1st phase will explore the Sacred and profound teachings on the Geometry of the 1st phase, the Sacred names as well as the Five Higher Bodies. Those who have taught Magnified Healing® to others can apply to teach this class to others.

Please register as soon as possible. E-mail me at myra@reikihealingcenter.org to receive the Registration Form. Maximum 5 students per class.

Other dates and times are available starting July 2020 schedule your class now.

Wednesday, July 22 & Thursday, July 23 3-8PM or

Tuesday, July 28 & Wednesday, 29 from 8am to 1pm or by appointment

Holistic Practitioner and its shorter business courses from 2 hour \$50 class to 12 hour \$350 class online or \$500 in person class by appointment.

Ethics Applied from 2 to 18 hours of classes by appointment \$50 per 2 hour segment

Ethics for dealing with issues around sexuality 4 hour class by appointment \$100

Ethics Fire Drill either 2 or 4 hour by appointment \$50 per 2 hours

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Remote Community Reiki

Given the current quarantine we have not been holding Community Reiki in person so you are welcome to call and request Distance Reiki on the following dates:

Dates: 2nd Saturday July 11th 2-3:30pm. 4th Monday July 27th 2-3:30pm. Call Myra 610-348-5698 for appointment. donation

Pay on www.paypal.com to myra@reikihealingcenter.org \$5-20 donation.

People wanting Community Reiki will receive 15 minute Distance Reiki from **one of several** experienced practitioners remotely **by appointment. Let me** know by noon 2 days before if you want to participate. I will let you know your appointment time the morning of the event.

Remote Reiki Shares for Reiki Level 2 and higher practitioners

Given the current quarantine we have not been holding Reiki Shares in person so you are welcome to call and request to share Distance Reiki on:

2nd Saturdays July 11th 1-2PM: Call Myra 610-348-5698 by **Distance Reiki** appointment **or email your email and request a zoom link.** Deadline 6pm, July 10th. **We will be setting up multiple Remote Tables.** Please let us know if this is an adventure you would like to try to meet. Email myra@reikihealingcenter.org

3rd Thursdays July 16th starting at 12:30pm: Joan will offer Distance Reiki at the 3rd Thursday Reiki Share and Community Reiki June 18 between 12:30 and 2:30. Practitioners who have Level 2 or higher will send and receive Distance Reiki from other practitioners, as in a Reiki Share. People wanting Community Reiki will receive Distance Reiki from experienced practitioners. We will set up virtual “tables” as needed and schedule 15-minute sessions per person. Experienced practitioners will spend up to 1 hour total giving sessions and receiving a session. You don't have to spend the entire 2 hours.

Contact Joan by Wednesday, July 15 by 6 pm if you want to participate and give your available time between 12:30 and 2:30 Thursday. Joan will set up the tentative schedule and send it by Thursday July 16th around 9 am to all those who responded. If there are adjustments to the schedule, she will send the final schedule by 11:00 am Thursday, so be sure to check your email at that time. Email Joan at ReikiJoan@live.com

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PRIVATE SESSIONS

Remote sessions are by appointment at a chosen time(s) either over the phone or during a per-arranged selected date/time(s). In-person sessions will resume when possible.

Myra Reichel

Distance Reiki or First Phase Absent Magnified Healing®: Relaxation and Healing for Body, Mind, Emotion, and Spirit Pay \$25 per 20 minute sessions, \$60 for three 20 minute sessions to myra@reikihealingcenter.org on www.paypal.com or request mailing address for checks.

Remote Karuna Reiki® for abuse issues/addictions/grounding issues/ preparation for tests/karmic healing **or Third Phase Absent Magnified Healing®:** For healing of body systems, points of healing, and areas of body needing healing. Choose 3 body systems, 3 points of body for special healing. \$50 per half-hour session pay to myra@reikihealingcenter.org on www.paypal.com or request mailing address for checks.

In person sessions are now available by appointment \$100 per hour for Reiki or Magnified Healing ® Karuna Reiki ® or other one hour and 15 minute sessions are \$125.

Discounts are available for those who are Veterans, Disabled, Chronically ill, low-income. Ask if you need assistance.

Myra offers online Reiki, Karuna Reiki(R), Ethics, Holistic Practice Business classes, Magnified Healing ® online review First Phase Review, and Advanced Studies Classes.

Linda Minton,

Linda is in Delaware County, PA 215-605-7189 woofsing@yahoo.com Linda charges \$1/minute. She is available by appointment. Distance Reiki, Absent First Phase Magnified Healing®, and/or Card Readings.

Alina Tudos

Alina can be reached at alinatudos@gmail.com: Ph: 484-942-0558. I am a level 2 Reiki certified human who would like to offer distant Reiki healing for \$1/minute. I have a passion for nature and all things healing. I also have a degree in health promotion. I live with my husband and two cats in Claymont, Delaware. May you be healthy and loved!

Eloise Prescott, L.Ac.

As a valued member of our Essence of Acupuncture patient community, we appreciate your trust and want to inform you about how we are addressing the corona virus (COVID-19) and putting your health first. Our highest priority is to keep you safe and well. We have all of the safety guidelines in place.

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The world was turned upside down a few months ago, as we all became aware of a global pandemic caused by the Corona virus. Due to the impact of Covid-19, [Essence of Acupuncture](#) had to temporarily suspend its acupuncture business.

The recent protests against racial injustice and inequality across our country and throughout the world have caused all of us to look at our lives and the lives of others differently. As a species, we are evolving. Acupuncture can support us during this time of change. Through acupuncture, we can release old patterns that weaken our immune system, willpower, vitality and motivation.

Our office will have a virtual “Grand Opening” on July 6 at 6pm, featuring [Doc Gibbs, Master Percussionist](#), who will be facilitating a “Sound Bath Healing,” Suite 201, in Philadelphia.

We are deeply committed to helping our community to navigate through this time as many of us may be experiencing more fear, uncertainty, stress, anxiety, and worry. All of these things have an additional, adverse effect on the health of our mind, body, and spirit. Please go to essenceofacupuncture.janeapp.com to schedule an appointment.

Our office is following federal and state safety guidelines for disinfection and infection control. Office Hours - Friday 9-6pm and Saturday 1 – 6pm . Masks must be worn, hand washing is mandatory.

One hour Acupuncture Treatment \$90

One hour Acupuncture Treatment (for Post Traumatic Stress Disorder) – Using auricular therapy along with acupuncture, we will use protocols to specifically help our clients adapt to the recent changes in our lives. 10 weeks of treatments that help to keep the body in homeostasis, building immunity, balancing hormones and brain activity, helping to alleviate pain, fear, anxiety, excessive sensitivity, and negative pessimistic thinking due to the recent changes in our lives. Our goal is to help our clients to help move with joy to a viable future - \$40 each week or \$300 if paid in advance.

One hour Reiki Treatment \$75

Reiki Classes – using physical distancing when possible

Reiki I Shoden – \$300 – classes held at Hidden River (call to sign up for class)

Reiki II Okuden - \$500 classes held at Hidden River (call to sign up for class)

essenceofacupuncture@gmail.com. Ph: 267-240-5109.

Khadijah Renee, CFT MSW

Khadijah “Renee” is a Reiki Master Teacher in Philadelphia who offers clients private Reiki sessions by appointment. She teaches Usui Reiki Ryoho Shoden, Okuden, and Shinpiden (Reiki I, II, III). Khadijah offers ‘Relax with Reiki’ Classes and holds private shares in the final weekend of every month. Additionally, she teaches workshops in Magnified Healing® 1st and 3rd Phase, as well as the Celebration Ceremony. Khadijah is a certified medium and she uses her

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psychic powers to enhance the Reiki session with connections to the ancestral and angelic realms.

In addition, Khadijah is a certified Couples and Family therapist, utilizing traditional therapies such as CBT, EFT, SFT. Individual and couples therapy can be made by appointment by calling: 215-515-9510 or completing a contact form on: www.morgantherapeuticservices.com.
ReneeQueen1954@gmail.com

Nataki Bhatti

Nataki is based in the NEPA (Northeastern Pennsylvania) region. She offers sessions in Usui Reiki, Karuna Reiki®, 1st and 3rd Phase Magnified Healing. Remote or distant healing also available. She teaches Usui Reiki Ryoho Shoden and Okuden (Reiki I and II). Additionally, she teaches workshops in Magnified Healing® 1st and 3rd Phase, as well as Celebration Ceremony. Small class size and individual classes available by appointment. For more information go to www.reikibynataki.com or call 570 991 8733 to schedule your class or appointment.

Baba Doc Gibbs

Online Sound Therapy with Baba Doc Gibbs. Reconnect Mind, Body & Spirit. Relieve stress.

Contact: Drumupbiz@gmail.com.

Group Pricing up to 11 people \$50 each. Individual \$75/hour.

Several of us Reiki practitioners can also do sessions and/or an event with Doc Gibbs. Let's plan it.



Figure 1: Seashells DNA by Nataki Bhatti

Free Online Healing

Support for all those who need support due to the recent tragedies and history of horrible deaths in the Black Community and higher number of deaths due to the pandemic. Healing sent to all of us who are stressed and worried.

Check Reiki Healing Center Facebook Page for posted dates and prompts day of Meditation or call Myra or email her for dates for meditation. You can receive healing and support without actually being on Zoom or Facebook just sit and relax date of Meditation

Tuesdays, July 14th and 28th and Thursday, July 9th
Time: 7-7:30pm EDT – Philadelphia/New York City time.

A timeline of the healing meditation will be posted

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on our [Reiki Healing Center Facebook Page](#) during the healing.

If you would like to participate over Zoom please send your email address to myra@reikihealingcenter.org morning of each event and a link will be sent to your email.

To Receive the Healing: please call or text 610-348-5698 with your name and intention/focus for you healing or send by email to myra@reikihealingcenter.org or post in the comments on either of the Facebook pages.

To Assist with the Healing: do your daily healing practice and then join us in sending to those who are open to receive.

Guided Meditation for Protection, Health, Restoration & Strengthening

This FREE meditation will be held on Zoom at 7PM Friday, July 24th.

Please preregister with your email address so we can send you invite email and password. Be aware that no one will be permitted to enter once the meditation starts.

Email us to be put on list for future meditations. myra@reikihealingcenter.org

We all have auras around us. One is the aura of becoming. In discussion with our brothers and sisters in the spirit we agree that is possible to send protection and healing via this aura.

Understand that we are made up of atoms in motion. As they move through us, they take up the job of being us from the atoms which are leaving. How they do that just depends on the pattern they are given to follow. Without intervention, an incoming atom will reproduce the pattern of a hurt foot because that is what the atom before it did, unless it is given a better plan to follow.

So, embed protection in the aura of becoming by envisioning exclusion of that which does not fit the well-being of the person. Embed a template of the person from the time that he/she was in good health, so that will be the positive pattern incoming atoms will follow.

Led by Kwan Yin, Dolores & Myra

Contact Myra Reichel 610-348-5698 to schedule your online class. **Pay \$100 deposit to myra@reikihealingcenter.org on www.paypal.com. Balance due first day of class.**

Visit our website – www.reikihealingcenter.org

Visit us on Facebook – <https://www.facebook.com/reikihealingcenter/>

Reiki Healing Center, Media, PA group page <https://www.facebook.com/groups/21961169505>