

Reiki Healing Center December 2016 to January 2017 Newsletter

COMMUNITY REIKI AND REIKI SHARES – All are welcome donations appreciated

1st Saturdays from noon to 2PM December 3 at Watts of Yoga, 55 State Rd. 2nd floor, Media, PA 19063 park in either rear lot on Overhill Road and enter door on State rd.

2nd Tuesdays from 5 to 7PM Dec 13 at Eviama Life Spa, 109 South 13th St. elevator Philadelphia, PA 19107.

2nd Thursday from 1:30 to 3:30PM Dec 8 led by Joan Nikelsky at Media Fellowship House 302 South Jackson St., Media, PA 19063 handicapped accessible. At 2:30PM handicapped parking opens up

4th Mondays from 1 to 3PM Nov 28 none in December at Media Fellowship House, 302 South Jackson St., Media, PA 19063 handicapped accessible. At 2:30PM handicapped parking opens up

CHRONIC PAIN SUPPORT GROUP

1st Tuesdays 3 to 4:30PM LAST MEETING Dec 3 at the Media Fellowship House 302 South Jackson St., Media, PA 19063 handicapped accessible. At 2:30PM handicapped parking opens up.

PLEASE note 1st Saturdays have been canceled due to lack of attendance however you are always welcome to attend our community Reiki mini-sessions for help and support, or if you let me know we can always talk over the phone or in person by appointment. If you are interested in holding a support group at an additional time contact Myra [610-348-5698](tel:610-348-5698) or email myra@reikihealingcenter.org

SESSIONS BY APPOINTMENTS

Joan Nikelsky, [215-498-5346](tel:215-498-5346), ReikiJoan@live.com, offers one-hour Usui Reiki sessions for a sliding scale fee (\$50-80) based on income. Also, Reiki can be combined with chakra balancing, a technique that uses energy drawn up from the earth to clear the energy field around the body and balance the chakras. Flexible schedule for appointments, call to arrange.

Myra Reichel [610-348-5698](tel:610-348-5698) or myra@reikihealingcenter.org offers Reiki \$60 for half hour or \$80 for full hour includes healing for body, mind, emotions, and spirit working with energy field, either hands-on or hands-off or both, including aura and chakras. Karuna Reiki® \$100 for a full hour includes some chanting of healing sounds. Helpful for spirit working with energy field either hands-on or hands-off or both, including aura, chakras, karma, past lives, abuse issues, and grounding issues.

Magnified Healing® \$60 half hour Phase 1 or Phase 3 or \$100 full hour for combo.

Phase 1 works with nervous system, aura and chakras, karma, and ascension. Phase 3 works with body systems – choose 3 to concentrate on while all systems are treated and 3 places for hands on work for particular issues. Magnified Healing® was brought to Gisele King, and Kathleen Anderson, Co-founders of Magnified Healing®, by Lady Master Kwan Yin. Myra offers sessions and most classes of all levels of all modalities.

Khadijah Rene renequeenaa@aol.com offers Reiki and Magnified Healing® sessions and classes in Philadelphia and in Media, PA.

Linda Minton [610-237-0458](tel:610-237-0458) offers Community Reiki Mini-Sessions, Magnified Healing® Phase 1, and/or Dolphin or Fairy or I Ching Card Reading by appointment call for details.

REIKI CLASSES \$150 per 6 hours if you have already done the level or \$300 per 12 hours to learn new material each of 4 levels or Holistic Practitioner: Reiki I Shoden – receive workbook and certificate and

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learn relaxation and healing for self and others; Reiki II Okuden – prerequisite any Reiki I class - workbook and certificate learn 3 Reiki symbols and their jumon and chants; Reiki Master Practitioner prerequisite any Reiki II class receive certificate and copy of Okuden workbook and info and attunement to Reiki Master Symbol; Reiki Master Shinpiden prerequisite Reiki Master Practitioner or same or higher plus knowledge of Japanese Reiki Techniques ; Holistic Practitioner any modality come talk about starting your business.

Shinpiden Reiki Master \$600 for 24 hour class (this class combines Reiki Master Practitioner and Reiki Master Shinpiden) 20 Continuing nurses education please see website [Reiki Healing Center Continuing Education](#) for details.

ETHICS CLASSES \$50 per 2 hours Ethics Fire Drill 2, 4, or 6 hours of class.

KARUNA REIKI® I & II CLASSES Prerequisite having learnt Usui Master Symbol a minimum of 6 months before if actively using otherwise 1 year wait \$650 for Karuna Reiki®1 and 2 over 2 days. **Karuna Master®** prerequisite Karuna Reiki ® I and II \$300 for 1 day for those who have already been taught to attune others in any Reiki lineage.

MAGNIFIED HEALING® WORKSHOPS Phase 1 including workbook, certificate, essence, CD of daily practice, I AM Card, 2 days \$333 in 2016, Phase 1 2 ½ days \$400 in 2017, Phase 3 “Light Healing” workbook and certificate for 2 days

\$333 and Celebration Workshop 1/2 day class plus participation in celebration required to receive workbook and certificate for \$111.

Magnified Healing ® was brought to Gisele King and Kathryn Anderson by Lady Master Kwan Yin. Prerequisite Phase 1 some knowledge of spiritual practices, chakras, Kwan Yin, etc.; Phase 3 “Light Worker” Prerequisite Phase 1 at least 4 months prior and 11 days continuous practice before taking Phase 3; Celebration Ceremony® Facilitator Workshop Prerequisite Phase 1 with no waiting period. (Those who have taken Phase 1 or Phase 3 may always participate in Celebration without taking Celebration Ceremony® Facilitator Workshop)

DEPOSIT \$100 by cash or check or to myra@reikihealingcenter.org at www.paypal.com- we do not accept credit cards at office.

UPCOMING CLASSES

Reiki Master Practitioner Sundays, November 27 and December 11. Noon to 6pm \$300 for 12 hours.

Magnified Healing ® Phase 1 Monday and Tuesday, November 26 and 27. 10am to 6pm both days \$333 for 14 hours.

Reiki Master Shinpiden – Mondays, December 5 from noon to 6pm and December 12 from 10am to 4pm \$300 for 12 hours.

Magnified Healing (R) Phase 3 Saturday and Sunday 9am to 5pm both days \$333 workbook and certificate. 14 hours of class.

Magnified Healing ® Phase 1 Saturday, January 7 9am to 5pm; Sunday, January 8 9am to 5pm; and Monday, January 9 9am to noon. \$400 for 17 hours

Magnified Healing ® Phase 3 “Light Healing” Saturday and Sunday January 28 and 29 \$333 for 14 hours.

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To schedule **CLASSES by appointment on dates and time chosen by teacher and students together until hours are completed – suggestions listed:**

Any Saturday start 9am or later; Any Sunday noon to 6pm; Any Monday starting at 1:30pm; Any Tuesdays starting at 11:30am; Any Wednesday starting at 9am or later; Any Thursday starting at 12:30pm; any Friday, by appointment call Myra [610-348-5698](tel:610-348-5698):

LOCATIONS

Watts of Yoga, 55 Old State Rd, 2nd floor, Media, PA 19063 free parking in rear lots on Overhill Road. Come in front door since yoga students may be in meditation in rear classroom. 7 days per week by appointment.

Eviama Life Spa 13th St, Philadelphia, PA 19107 Wednesdays by appointment. Between Chestnut and Samsom Streets on 2nd floor with entrance door to left of Pizza Shop. Buzz in and take elevator to 2nd floor.

Heartspace on 215 West Baker Street, Media PA 19063 is located in between Baltimore Pike and State Street enter this one way street from Orange Street. Metered Parking available on streets and in 3 level parking garage at corner of Barker and Olive Streets. Some free parking across Baltimore Pike on non-residential sides of streets. 101 Media trolley ends one block past Orange St. or take train to Media Train Station and walk uphill on Orange St. to Baker Street and turn right – office is on the left side near start of first block. The space is 3 steps down.

CONTINUING EDUCATION

The Reiki Healing Center (RHC) is pleased to announce that Continuing Nursing Education is available for Reiki classes. RHC offers flexible scheduling for private or group classes. Call and schedule your class today! The Reiki Healing Center, founded by Myra Reichel, Shinpiden Reiki Master, teaches Reiki classes using philosophy and workbooks of the International House of Reiki. Myra Reichel studied with Frans Steine, Shinpiden of the International House of Reiki in 2010. Frans studied with Doi Hiroshi, Current Member of the Usui Reiki Ryoho Gakkai and other teachers in Japan. Myra had previously studied with Marion Yagliniski, R.N. Reiki Master of the Rose Tree Reiki Center from 1998 to 2004 when she completed her Master Training and started teaching classes. Continuing Nursing Education (CNE) This continuing nursing education activity is approved by the American Holistic Nurses Association (AHNA), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

- Reiki I Shoden class #1197 is approved to award 10 CNE until June 17, 2018
- Reiki II Okuden class #1157 is approved to award 10 CNE until September 9, 2017
- Shinpiden Reiki Master Class #1180 is approved to award 22CNE until April 8, 2018

Note: Approvals are based on the review of RHC's Individual CNE Activities rather than "provider approval". See the specific class details to confirm CNE approval. Updates will be posted on the RHC website. o Approval for contact hours through the American Holistic Nurses Association (AHNA) is based on an assessment of the educational merit of this program and does not constitute endorsement of the use of any specific modality in the care of clients.

The Reiki Healing Center offers both the classes listed above and a variety of other classes for Holistic Practitioners. · Ethics · Reiki Master Practitioner · Karuna Reiki® 1, 2, & Master · Acupressure · Magnified Healing ® Phase 1, Celebration Ceremony®, & "Light Worker"

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Reiki Healing Center is approved to provide Continuing Education for Massage Therapists and Bodyworkers through the National Certification Board for Massage Therapy and Bodywork NCBTMB. Please feel free to contact us with any questions and/or to schedule your class. Continuing Education for Massage Therapists and Bodyworkers is available hour per credit. PA is still accepting our Ethics credits but is no longer accepting non-licensed modalities; other states are still accepting our continuing education credits. [610-348- 5698](tel:610-348-5698) or myra@reikihealingcenter.org. Sincerely, Myra Reichel

Gurdjieff Meetings, Introduction to the Teachings of George I. Gurdjieff: Series of 6 intro meetings then join group. \$10 donation per meeting. Led by Myra Reichel, a member of the Institute for Religious Development since 1971, who studied with its founder Mr. W.M. Nyland, a direct student of Mr. Gurdjieff. Potential students must read first and last chapter of G.I. Gurdjieff's book All and Everything Beelzebub's Tales to his Grandson.

It is suggested that you meet with Ms. Reichel before starting the series. During the meetings we read from All and Everything, read excerpts from 2500 meetings led by Mr. Nyland, explore our formation of interest in these ideas, development of a wish to achieve our aims, and form definitions of words to describe our experiences. Media, PA

WISHING YOU HAPPY HOLIDAYS AND NEW YEAR

Reiki Healing Center – myra@reikihealingcenter.org - Myra [610-348-5698](tel:610-348-5698)